



THE VICTORIA CHINESE MESSENGER

维多利亚华人信息

May 2013 (1st Ed.)

Victoria, British Columbia

ASIAN HERITAGE MONTH

May is Asian Heritage Month. This month acknowledges the long and rich history of Asian Canadians and their contributions to Canada. It also provides an opportunity for Canadians across the country to reflect on and celebrate the contributions of Canadians of Asian heritage to the growth and prosperity of Canada.

Canada's cultural diversity strengthens the country socially, politically and economically in innumerable ways.

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Asian Heritage Month is an ideal occasion for all to celebrate the beauty and wisdom of various Asian cultures.

Asian Heritage Month has been celebrated in the United States since 1979. Over the past decade, many Asians in Canada have begun to celebrate their heritage during the month of May. In December 2001, the Senate adopted a motion proposed by Senator Vivienne Poy to officially designate May as Asian Heritage Month in Canada. In May 2002, the Government of Canada signed an official declaration to designate May as Asian Heritage Month.

Canadians are invited to take part in the events that honour the legacy of Canadians of Asian heritage. It is a time to participate in festivities across the country that celebrate the many achievements and contributions of Canadians of Asian

heritage, who, throughout history, have done so much to make Canada the culturally diverse, compassionate and prosperous nation we know today.

Emergency Preparedness Week May 5-11, 2013

(The following is reprinted from the City of Victoria Website <http://www.victoria.ca/EN/main/departments/emergency-preparedness/ep-week.html>)

Emergency Preparedness Week is designed to raise awareness of the importance of having an emergency kit and making an emergency plan. This annual event takes place across Canada each year during the first full week of May.

National Emergency Preparedness Week is May 5 - 11, 2013. During this time, make sure you and your family are prepared for a power outage, earthquake or tsunami. Victoria has a one in three probability of a damaging earthquake in the next 50 years. It's not a matter of if an earthquake will happen, but when.

Your emergency kit should have enough food, fresh water, medication and supplies for you and your family to cope up to seven days without outside assistance.

Available at local venues and online, the City of Victoria's "Recipe for Disaster" series lists what you need to include in your emergency kit to help protect your family, pets, or business.

In the event of a disaster, it's important to have a pre-determined family meeting place to reconnect with loved ones.

The City's Emergency Contact Card enables you to note down a walkable daytime and evening meeting place on one side and an out-of-province contact name and phone number on the other. If local phone lines are down, it may be easier to access an out-of-province line to let your family know you're okay.

"Drop! Cover! and Hold On!" is the most appropriate action to reduce injury and death

during an earthquake.

Tsunamis are rare, but if an earthquake lasts for 60 seconds or more, or is so strong that it is difficult for you to stand, "Drop, Cover and Hold On!" until the shaking stops, then move away from beaches and low-lying areas to higher ground immediately. An earthquake this strong is your sign that a tsunami is on its way. Only return when emergency officials say it's safe to do so and monitor local media outlets for updates.

Free workshops are available to help Victoria residents to become "emergency prepared." Workshops will be held:

- Thursday, May 9, 1 p.m. to 3 p.m., Victoria City Hall, Antechamber, Douglas Street and Pandora Avenue
- Saturday, May 11, 2 p.m. to 4 p.m., Greater Victoria Public Library Central Branch, 735 Broughton Street
- Wednesday, May 29, 7 p.m. to 9 p.m., Oaklands Community Centre, 2827 Belmont Avenue

To register for a free workshop email vema@victoria.ca or call 250.920.3373.

The Victoria Emergency Management Agency (VEMA) is the City of Victoria's resource for helping the community prepare for an emergency.

In Conjunction With Emergency Preparedness Week VCM's Earthquake Preparedness Article Follows:

地震來時如何逃生自救

文章來源：人民網（中國商務部緊急管理系統）

在地震來臨時如何自救，是每個老百姓必須具備的知識。

民政部緊急救援促進中心專家委員會何鐘琦專家指出，地震造成的人員傷亡和財產損失95%以上是由各類建築物的破壞引起，致死原因主要是房頂塌落和灰塵嗆悶。

而地震中的逃生則分為技能逃生，求助逃生和器械逃生。中國災難防禦協會網站刊文指出，在震中及其附近地區，從地震發生到房屋倒塌，一般有12秒鐘的時間。此時應保持冷靜，在12秒內正確避難。

在家裡時發生地震，首先要做的是保持鎮定，如果你所處的房屋不是危房，建議就地躲藏，靜觀其變。何永年告訴記者，許多震例表明，強烈地震時有不少人就是因驚慌失措往外跑，結果不幸被樓上倒下來東西砸傷，砸死。但如果住的是平房，且離門很近，則應在12秒鐘內衝出門外。躲藏前，應先關掉煤氣和電源，然後躲到承重牆牆根等處。因為房屋倒塌後，有時會在室內形成三角空間，包括堅固家具邊，內牆牆根，廚房等空間小的地方，這是人們得以生存的相對安全地點。根據各國專家總結的經驗，躲在家具底下受傷甚至殘廢的可能性更高；而選擇桌邊，床邊、牆角等“生命三角區”更為安全。此外，躲避時千萬別靠近窗邊或跑到陽台上，這兩個地方最危險。

躲避過程中，保持身體蹲下或坐下，身子蜷曲，盡量縮小自身占有空間；抓住桌腿等牢固物體；最好能隨手抓一個枕頭或坐墊護住頭部，眼睛，掩住口鼻。

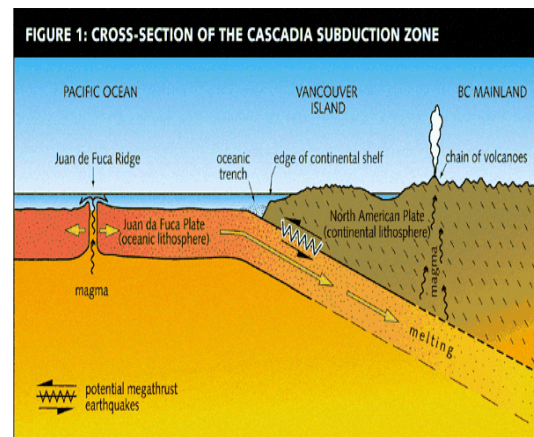
地震過後，可從建築物迅速撤退到室外空地上。在路線的選擇上，應選擇樓梯，千萬別乘電梯。

在公共場所時發生地震。應就地蹲下或趴在排椅下，避開吊燈，電扇等懸掛物，保護好頭部；千萬不要慌亂地湧向出口，避免被擠到牆或柵欄處；在商場書店，地鐵等場所時，應選擇結實的柱子邊或內牆角等處就地蹲下，遠離玻璃櫥窗、櫃台或其他危險物品。

在戶外發生地震。應選擇開闊地點蹲下或趴下，不要隨便返回室內，避開人多的地方；避開樓房、水塔、立交橋等建築物；遠離電線杆、路燈、廣告牌等危險物、懸掛物；避開狹窄街道、危牆等場所。如果正在開車，建議把車停在路邊，選擇步行。如果在野外，要避開山腳、陡崖等，以防山崩、泥石流滑坡；在海邊，要盡快向

遠離海岸線的地方轉移，以避免可能發生的海嘯。

在學校、寫字樓裡發生地震。不要馬上往外跑，應迅速用書包護住頭部，抱頭，閉眼，躲在各自的桌子下面。待地震過後，再向室外轉移。在室外操場等地，可原地不動蹲下，雙手保護頭部。注意避開高大建築物或危險物；千萬不要回到教室去。地震時，還可能出現一些特殊情況。如果遇到火災，要立刻趴在地上，用濕毛巾捂住口鼻，待搖晃停止後，再向安全地方轉移。轉移時要彎腰或匍匐、逆風而行。如果出現有毒氣體泄漏，也應同火災時一樣，用濕布掩住口鼻，逆風逃離，注意不要使用明火。



Cross-Section of the Cascadia Subduction Zone

(photo from: KnowBC)

<http://knowbc.com/limited/Books/Encyclopedia-of-BC/P/Physical-Geography-of-BC/>

地震来时如何逃生自救

文章来源：人民网（中国商务部紧急管理系统）

在地震来临时如何自救，是每个老百姓必须具备的知识。

民政部紧急救援促进中心专家委员会何钟琦专家指出，地震造成的人员伤亡和财产损失9

5%以上是由各类建筑物的破坏引起，致死原因主要是房顶塌落和灰尘呛闷。而地震中的逃生则分为技能逃生，求助逃生和器械逃生。中国灾难防御协会网站刊文指出，在震中及其附近地区，从地震发生到房屋倒塌，一般有12秒钟的时间。此时应保持冷静，在12秒内正确避难。

在家里时发生地震，首先要做的是保持镇定，如果你所处的房屋不是危房，建议就地躲藏，静观其变。何永年告诉记者，许多震例表明，强烈地震时有不少人就是因惊慌失措往外跑，结果不幸被楼上倒下来的东西砸伤，砸死。但如果住的是平房，且离门很近，则应在12秒钟内冲出门外。

躲藏前，应先关掉煤气和电源，然后躲到承重墙墙根等处。因为房屋倒塌后，有时会在室内形成三角空间，包括坚固家具边，内墙墙根，厨房等空间小的地方，这是人们得以幸存的相对安全地点。根据各国专家总结的经验，躲在家具底下受伤甚至残废的可能性更高；而选择桌边，床边，墙角等“生命三角区”更为安全。此外，躲避时千万别靠近窗边或跑到阳台上，这两个地方最危险。

躲避过程中，保持身体蹲下或坐下，身子蜷曲，尽量缩小自身占有空间；抓住桌腿等牢固物体；最好能随手抓一个枕头或坐垫护住头部，眼睛，掩住口鼻。

地震过后，可从建筑物迅速撤退到室外空地上。在路线的选择上，应选择楼梯，千万别乘电梯。

在公共场所时发生地震，应就地蹲下或趴在排椅下，避开吊灯，电扇等悬挂物，保护好头部；千万不要慌乱地涌向出口，避免被挤到墙或栅栏处；在商场书店，地铁等场所时，应选择结实的柱子边或内墙角等处就地蹲下，远离玻璃橱窗，柜台或其他危险物品。在户外发生地震，应选择开阔地点蹲下或趴下，不要随便返回室内，避开人多的地方；避开楼房，水塔，立交桥等建筑物；远离电线杆，路灯，广告牌等危险物，悬挂物；避开狭窄街道，危墙等场所。如果正在开车，建议把车停在路边，选择步行。如果在野外，要避开山脚，陡崖等，以防山崩，泥石流滑坡；在海边，要尽快向远离海岸线的地方转移，以避免可能发生的海啸。

在学校，写字楼里发生地震。不要马上往外跑，应迅速用书包护住头部，抱头，闭眼，躲在各自的桌子下面。待地震过后，再向室

外转移。在室外操场等地，可原地不动蹲下，双手保护头部。注意避开高大建筑物或危险物；千万不要回到教室去。

地震时，还可能出现一些特殊情况。如果遇到火灾，要立刻趴在地上，用湿毛巾捂住口鼻，待摇晃停止后，再向安全地方转移。转移时要弯腰或匍匐，逆风而行。如果出现有毒气体泄漏，也应同火灾时一样，用湿布掩住口鼻，逆风逃离，注意不要使用明火。

Nanjing's Plum Blossom Festival

Since 1995, Nanjing, the capital city of Jiangsu Province, has been host to China's quieter, more understated equivalent to Japan's Cherry Blossom Festival – the Plum Blossom Festival. Held during the first few months of spring each year on Purple Mountain, the festival showcases the colorful and fragrant blossoms of 35,000 plum trees, in 120 varieties throughout the 250 acre park. The park also boasts China's oldest plum tree, the 400-year old "King of Plum Blossoms," and the "Queen of Plum Blossoms," whose petals are almost as dark as black ink.

During the Plum Blossom Festival, visitors come for a stroll in the park to enjoy the beauty and scent of the blossoms. The best time to visit is mid-March to mid-April to see the trees in peak bloom, ranging in color from white to dark purple.



The plum blossom is the city flower of Nanjing, and is considered one of the “four gentleman” of flowers, along with bamboo, chrysanthemums, and orchids. Plum blossoms are regarded as a symbol of growth and rebirth, as they are the first flower to appear in the springtime, braving the end of snow and frost.



Support British Columbia's Knowledge Network:

<http://www.knowledge.ca/>

Happenings

**Happenings are regularly updated
online at
www.victoriachinesemessenger.com**

Our Public Service and Community Service Happenings column is published under our sole discretion and is published information as a free service.

Tradition in Felicities at the Royal BC Museum

There's a new exhibit at the Royal BC Museum running until September. With the help of members of the Chinese community “Tradition in Felicities: Celebrating 155 Years of Victoria's Chinatown at the Royal

BC Museum” is open to the public.

It's full of history and artifacts from Victoria's Chinatown, including a special lantern with an internal moving carousel, originally constructed by the Chinese Free Masons and restored by the museum.

Victoria Chinese Commerce Association

Regular Meeting
May 15, 2013

Royal BC Museum Tour of “Tradition in Felicities”, followed by Dinner Meeting at Jonathan's Restaurant in the Royal Scot Inn
Tour is start before 5 pm – must be inside museum before 5 pm or doors will be locked

For info email VCCA via www.vcca.ca Must register and pay online.

Island Farms Victoria Day Parade

Dates: May 20, 2013
Type: Special Events
Time: 9:00am to 12:00pm
Address: Douglas Street Victoria, BC

Celebrate Victoria Day and watch the Island Farms Victoria Day Parade.

This is Victoria's largest parade event. The parade it will take at least 3 hours to pass by. Brng a blanket or a folding chair, drinks & snacks to keep you comfortable. If raining bring an umbrella.

The parade starts from Mayfair Mall at 9:00 am & proceeds along Douglas Street, finishing at the intersection of Douglas & Humboldt.

Coming soon....

Victoria Chinatown Night Market, June, July, August and September, 2013

The organizing committee of the Chinatown Night Market is currently looking for Volunteers to help in all aspects of the Market operations

and organization.

email volunteer@chinatownnightmarket.ca for more information.

The Night Market Committee is currently working on plans for this years Market in Canada's Oldest Chinatown. Please stay tuned for more information as it is available.

Tentative Market Dates for 2013 will be
Wed, June 12, Wed, July 10,
Wed Aug 14, Wed Sept 11

Check regularly online at
www.victoriachinesemessenger.com
for updates on articles and
information

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Federal Skill Worker Program Re-Opens May 4,

The list of 24 occupations that are eligible under the Federal Skilled Worker Program (FSWP) when it re-opens on May 4, 2013 has been released.

In addition, four organizations have been designated to provide the now-required independent third party assessments of foreign educational credentials for applicants who studied outside of Canada. These assessments, which must be completed before an application is submitted, are aimed at helping newcomers through the FSWP to get off to a better start and into the Canadian labour force more quickly when they arrive.

Future applicants should be aware of several key elements that will have an effect on the application process:

- A new eligible occupations list, with a total of 24 occupations;
- An overall cap of 5,000 new applications for all eligible occupations, including a sub-cap of 300 new applications for each eligible occupation;
- Four organizations have been designated to conduct educational credential assessments (mandatory for applicants submitting foreign educational credentials); and
- Applicants must show proof that they meet the minimum threshold of Canadian Language Benchmark 7 in all four language skill areas: speaking, reading, writing and oral comprehension.

Information for Applicants to the New Federal Skilled Worker Program

The Federal Skilled Worker Program (FSWP) selects immigrants based on their ability to succeed economically in Canada. After meeting eligibility requirements, applicants are assessed against selection criteria, also known as the “points grid.” There are 100 points available to applicants, with points awarded for official language abilities, age, education, work experience, employment already arranged in Canada, and adaptability. The current pass mark is 67.

All individuals who are considering applying on or after May 4 should be aware that if their application does not meet the new criteria, it will not be processed. A prospective applicant should ensure they meet at least one of the following requirements:

- They have at least one year of continuous work experience in one of the 24 eligible occupations;
- They have a qualifying offer of arranged employment (*note changes to the arranged employment process were previously published in this web notice); or
- They are eligible to apply through the PhD stream.

If prospective applicants are confident that they meet at least one of the above requirements, they must also meet the minimum language threshold and obtain an educational credential assessment (if submitting a foreign educational credential).

Minimum Language Threshold

All prospective applicants to the FSWP should first determine whether they meet the new minimum language threshold: Canadian Language Benchmark (CLB) 7 or Niveaux de compétence linguistique canadiens (NCLC) 7 in all four skills (listening, speaking, reading, and writing). To prove language proficiency, a prospective applicant must take a third-party language test from an organization designated by the Minister and submit their test report along with their application to CIC.

Language test results will be accepted by CIC for two years from the date that they were issued by the designated organization.

Arranged Employment

Previously, employers have applied for an Arranged Employment Opinion (AEO) from Human Resources Skills Development Canada when they wished to hire a foreign national on a

permanent, full-time basis and support their employee's application for permanent residence through the FSWP.

Educational Credential Assessment (ECA)

Another important change that takes effect on May 4, 2013, is the introduction of the educational credential assessment (ECA). Prospective applicants may start the process of getting an ECA before May 4 if they are planning to submit a foreign educational credential. However, applicants should keep in mind the other program eligibility requirements listed above. Applicants who have Canadian educational credentials do not need to get an ECA, unless they are also submitting a foreign educational credential in support of their application.

The ECA process will help determine if the foreign educational credential is authentic and equivalent to a **completed** credential in Canada. For prospective applicants, the ECA can provide a realistic understanding of how their foreign educational credentials are likely to be recognized in Canada. As of April 17, 2013, four organizations have been designated by the Minister to provide ECA reports for purposes of immigrating to Canada under the FSWP. Additional organizations may be designated by CIC in the future.

Applicants should contact the designated organizations directly for further information on their documentation requirements, processing times and fees.

CIC will only accept ECA reports issued after the date the organization was designated by CIC to provide ECA reports for immigration purposes (i.e. April 17, 2013). An ECA report will be valid for immigration purposes for 5 years from the date that it was issued by the designated organization.

(This information is partly reproduced from information on the CIC or BC PNP website and is provided by Sarina Hoi, BA, MA, RCIC, of Ocean Pacific Immigration Associates Ltd. additional information may be found on the website)



Foodies

Our online version is regularly updated with a “Foodie” comments section. Look forward to more online content and “news” as we grow our service to community events. Here are some snippets for your “digestion”

"...Itami Sushi on View and Douglas is new place to try... we enjoyed the food offerings, especially the fresh oysters..."

"...La Tea Ah on 700 block Fort, just tried their crepe and beef noodle dishes, both were excellent and well priced and for a casual Taiwanese Noodle Food experience... this is the place in Victoria..."

"...just had the green tea brulee at Shima Sushi on Wharf St.... a recommended try for you Japanese Food lovers..."

"... new owners of. Forum Seafood Restaurant at 612 Fisgard...try it out and report to us what you think....try their Sichuan Menu...hot stuff"

"...how about some BBQ duck?...give Ming's on Quadra a try...."

"... good casual food at casual prices at JJ Morgan's... well satisfied before a movie at University Heights...."

"... more casual food close to downtown at Jonathan's Restaurant, found in James Bay in the Royal Scot Inn...a quieter pace, great for meetings"



Hotel Grand Pacific

Founding Sponsors:

Founding sponsors are visionary sponsors who commit their support to us, to the Chinese/Asian community in Victoria and to the Oldtowne districts of the Chinatown, Oldtowne and Design areas in Victoria. They have committed as longer term sponsors to support the sustainability of the community service provided by Victoria Chinese Messenger. We thank them for their faith and support of our community services.

Victoria Chinese Commerce Association

New projects on the go including the need for volunteers for the 2014 Chinatown Night Market. Find out more:

Check website www.vcca.ca for more information on that and the regular meetings.

Victoria Chinatown Lions Club

If you wish to serve the community, the Victoria Chinatown Lions Club meets every second and fourth Wednesday at Golden City Restaurant. Contact Art Quon at art.quon@rbc.com or Alan Yuen at yuenfam@shaw.ca

Victoria Chinatown Lioness Club

Meetings are second Monday of the month at Golden City Restaurant. Will need to

contact their president for more info (to follow). This a very active club which has won awards for its philanthropy.

Victoria Chinatown Care Foundation

Mandate is to support and fundraise for the needs of the Victoria Chinatown Care Centre located in Chinatown. Volunteers for fundraising events. For information on the foundation go to

www.chinatowncarefoundation.com

Victoria Chinese Messenger

You can also volunteer and submit foodie tips, articles and photos of Victoria things, places and events for posting on our facebook or online publications.

Victoria Chinese Messenger Advisory Board and Panel

VCM Community Affairs Advisory Board:

Alan Lowe, Former and longest serving Mayor of the City of Victoria, Architect, and a very long public service record

Tony Joe, Former President of Victoria Real Estate Board, Realtor, Consummate Community Volunteer

Wayne Lee, Chartered Accountant and CGA, Community Volunteer for over 25 years

Charlayne Thornton-Joe, City of Victoria Councillor, Lioness and Consummate Community Volunteer.

Cultural and Historical Advisory Panel:

Tzu-i Chung, Ph.D., Curator RBCM

David C. Lai, Ph. D., Professor Emeritus UVic.

Hua Lin, Ph. D., Professor UVic.

Charlayne Thornton-Joe, Councillor City of Victoria

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2013 VOLUNTEER COMMUNITY INVOLVEMENT

Please note that the listed organizations are not limited to persons of Chinese descent.

About the Victoria Chinese Messenger:

We bring and report on happenings in the community. Our focus is on public and community service within the context of your social networks. Our goal is to bring the community closer and to pass on social happenings and community service events. Join us as we work with you to make our community a better place. Help us use social media to help make for better communities, grow our community, help others, and bring people together for common purposes.

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Happenings: Submit your events, news, or interesting facts. Our Public Service and Community Service column may publish information as a free service to non-profit groups. Again, any publication of information provided is in our sole discretion

Enter to win a dinner for two by subscribing to receive the Victoria Chinese Messenger!

Monthly draws!

(Prize: \$50.00 Restaurant Certificate)
To subscribe register by email at:

info@victoriachinesemessenger.com*
Please include your name and email

If you are the winner of the dinner for two, additional information will be required to arrange for delivery of the prize. Information is subject to our privacy policy.

Previous Winners: Previous Winners: D. Bratzer, A. Blainey, J. Ngai, R. Fong, P. Battles, L. McArthur, P. Hannah, B. Hung, L. MacDonald, R. Archibald, B. Cornborough, R. Eng, B. Yan, S. Scott, L. Wong, R. Lalev, for certificates to Ming's Restaurant, Forum Restaurant, Jonathan's Restaurant or Dynasty Restaurant.



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